



# SEA CADET COURSES

PACIFIC REGION—SEA CADET SUMMER COURSES

2018

## GENERAL INFORMATION

All cadets applying for cadet training must be medically fit and submit an application for summer training. Due to the remote location of some Cadet Training Centres (CTCs), cadets with severe allergies or other medical conditions that may require rapid medical attention may be precluded from attending certain courses.

The cadet must have successfully completed the required training level, and also meet any other prerequisite(s) specific to the course(s) for which the application is made.

A cadet's 19th birthday must occur after the return travel date.

Cadets who report for summer training and are found not to meet course prerequisites may be returned to unit (RTU).

A training bonus of \$10 per day is paid to every cadet for each day of training they complete (to a weekly maximum of \$60, and a course maximum of \$360). Depending on the course and CTC, this may be paid upon completion of the course, or portions of the bonus may be paid during the course.

## FAMILIARIZATION COURSE

**General Training Course** - The aim of this two-week course is to introduce the cadet to life at a cadet training centre (CTC) with a focus on the opportunities available through Sea Cadet Training. Activities include: seamanship, team-building, air-rifle range, sailing, tours, recreational sports, swimming, music training, general knowledge and citizenship.

**Prerequisites:** Cadets applying for this course should be 12-13 years of age. Must be medically fit, and have completed Phase One.

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

## DRILL AND CEREMONIAL COURSES

**Basic Drill and Ceremonial Course** - The aim of this three-week course is to provide cadets an opportunity to build on drill learned at the corps, participate in advanced drill and ceremonial activities, and to develop leadership skills and knowledge; while performing the role of a team leader. Activities include commanding a squad on parade, drill with arms, flag drill, naval field gun drill and marksmanship training.

**Prerequisites:** Cadets applying for this course should be 13–15 years of age, must be medically fit, and have successfully completed Phase Two.

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

**Drill & Ceremonial Instructor Course** - The aim of this six-week course is to develop instructional techniques, leadership and drill and ceremonial related specialist skills and knowledge that will allow them to perform the duties of a specialist instructor for ceremonial activities. Activities include flag drill, rifle drill, naval field gun training, sports as well as on the job training in a leadership role.

**Prerequisites:** Cadets applying for this course should be 14–17 years of age, must be medically fit, and have successfully completed Phase Three.

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**



## FITNESS AND SPORTS COURSES

**Basic Fitness & Sports Course** - The aim of this three week course is to provide cadets with the fundamentals of fitness and recreational sports training, building upon what has been experienced at the Corps. Activities include participating in and assisting with various recreational sports activities, conducting cadet fitness assessments, summer biathlon, orienteering as well as learning healthy living habits.

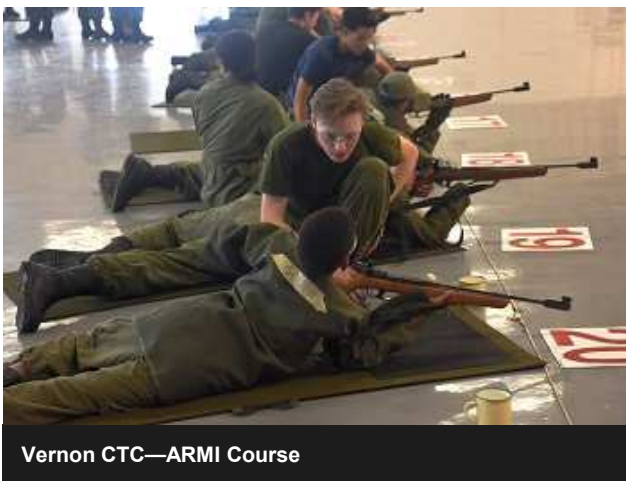
**Prerequisites:** Cadets applying for this course should be 13–15 years of age, must be medically fit, be motivated to increase personal fitness, and have successfully completed Phase Two.

**Cadet Training Centre: Vernon, (Vernon, BC)**

**Fitness and Sports Instructor Course** - The aim of this six-week course is to develop a specialist with the skills and subject matter knowledge required to perform the role of a fitness and sports instructor and a team leader for fitness and sports activities conducted at the Corps, during regionally directed activities and/or as a staff cadet at a CTC. Activities include leading a recreational sports program, design and run a sports tournament, leading a cadet fitness assessment.

**Prerequisites:** Cadets applying for this course should be 14–17 years of age. Must be medically fit and have achieved the overall fitness incentive level bronze, and have successfully completed Phase Three.

**Cadet Training Centre: Albert Head, (Victoria, BC)**



Vernon CTC—ARMI Course

## SEAMANSHIP COURSES

**Basic Seamanship Course** - The aim of this three-week course is to provide cadets an opportunity to build on seamanship skills learned at the corps and to participate in advanced seamanship activities. Activities include rope work, small craft operation (whaler) training, a day sail on a Sea Cadet Training Vessel, and naval communication.

**Prerequisites:** Cadets applying for this course should be 13–15 years of age, must be medically fit, and have successfully completed Phase Two.

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

**Ship's Boat Operator Course** - The aim of this six-week course is to provide cadets an opportunity to develop more advanced seamanship skills and obtain the qualifications required to operate various small craft used within the Sea Cadet Program. Activities include first aid, rope work, navigation, and small craft operator training. Cadets will earn SCOP module 1-PCOC, 2-ROC(M), 3-Power Boat, 5-Whaler, and Standard First Aid certifications

**Prerequisites:** Cadets applying for this course should be 14–16 years of age, must be medically fit, and have successfully completed Phase Three.

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

## MARKSMANSHIP COURSE

**Air Rifle Marksmanship Instructor Course** - The aim of this six-week course is to develop individual air rifle marksmanship and summer biathlon specialty skills while reinforcing and further developing the leadership and instructional techniques skills preparing the cadets to support these two specialty activities at the Corps, during regionally directed activities and/or as a staff cadet at a CTC. Activities include first aid, advanced marksmanship, instructional techniques and coaching.

**Prerequisites:** Cadets applying for this course should be 15–16 years of age, must be medically fit, be motivated to pursue marksmanship training, and have successfully completed Phase Three.

**Cadet Training Centre: Vernon (Vernon, BC)**

## SAILING COURSES

**Basic Sail Course** - The aim of this three-week course is to provide cadets an opportunity to develop basic sail skills and build on knowledge learned at the corps. Activities include sailing a dinghy, sail in a regatta, seamanship, and recreational sports. Cadets will achieve CanSail II qualification.

**Prerequisites:** Cadets applying for this course should be 13–14 years of age, must be medically fit, motivated to pursue sail training, and have successfully completed Phase Two.

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

**Intermediate Sail Course** - The aim of this six-week course is to provide cadets an opportunity to develop more advanced sailing and basic power boating skills. Activities include, sailing and small craft operator training. Cadets will earn SCOP module 1-PCOC, 3-Power Boat, intro to Trapeze & Spinnaker, and Standard First Aid certifications.

**Prerequisites:** Cadets applying for this course should be 14–16 years of age, must be medically fit, motivated to pursue sail training, and have successfully completed Phase Three. Cadets applying for this course should have obtained a Canadian Yachting Association Can Sail 2 Qualification.

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

*Cadets have the opportunity to gain Sail Coach qualifications through a combination of CTC sail training, sail centre engagement and coach training clinics offered at the Regional level.*



HMCS Quadra CTC—Music Training

## MUSIC COURSES

**Military Band - Basic Musician Course** - The aim of this course is to participate in music training and military band activities, to prepare them to support corps music programs and related music activities. Course activities include maintaining a primary instrument, music theory, demonstrating rhythm skills, executing drill as a member of a band, and performing ensemble music as a member of a band as well as some aspects of Sea Cadet training to help them in their future course selections of the Sea CTC program.

**Prerequisites:** Cadets applying for this course should be 13–15 years of age, must be medically fit, and have successfully completed Phase Two.

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

**Military Band - Intermediate Musician Course** - The aim of this six-week course is to raise the cadet's musical skills to the standard of the next music proficiency level (level 1 or 2). This training prepares the cadet to support their Corps bands and related music activities. Instruction is also given in instrument maintenance & repair and other music-related skills, while the more senior levels also learn some Instructional Techniques relating to music.

**Prerequisites:** Cadets applying for this course should be 14–15 years of age, must be medically fit and successfully completed Phase Three. Cadets applying for this course should have obtained a Military Band Music Level Basic

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

**Military Band - Advanced Musician Course** - The aim of this six-week course is to raise the cadet's musical skills to the standard of the next music proficiency level (level 3-5). This training prepares them to support their Corps bands and related music activities in a leadership capacity. During this course, instruction is also given in instrument maintenance & repair and other music-related skills, while the more senior levels also refine their Instructional Techniques relating to music.

**Prerequisites:** Cadets applying for this course should be 15–16 years of age. Must be medically fit and have successfully completed Phase Four. Cadets applying for this course should have obtained a Military Band Music Level Two,

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

## ADVANCED TRAINING

**Shipwright** - The aim of this six week course is to provide an opportunity to develop skills in repairing small boats. Activities include advanced rope work, fibreglass repairs, ships carpentry work, small marine maintenance, and workplace safety training.

**Prerequisites:** Cadets applying for this course should be 15–16 years of age, must be medically and physically fit, have successfully obtained Small Craft Operator Program Modules 1 and 4, and have successfully completed Phase Four.

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

**Boatswain Mate Course** - The aim of this six-week course is to provide cadets an opportunity to participate in advanced seamanship training and obtain the knowledge and skills required to act as Boatswain's Mate onboard a Sea Cadet Training Vessel or ORCA Class Patrol Craft Training Vessel within the Sea Cadet Program. Activities include rope work, naval ceremonial activities, navigation, ship's operations, Petty Officer of the Watch duties, and damage control.

**Prerequisites:** Cadets applying for this course should be 15–16 years of age, must be medically fit, and completed Phase Four. Must be SCOP 1, 2, & 3 qualified.

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

## EXCHANGES

**International Sea Cadet Exchanges** - The aim of these two to three-week exchanges are to introduce Sea Cadets to the training in the Sea Cadet programs around the world, as well as providing cadets an opportunity to participate in cultural activities and touring. Select senior cadets are chosen from sea cadet corps across Canada to participate in various International Sea Cadet Exchanges, such as the following countries for 2018:

- Australia,
- Bermuda,
- Hong Kong,
- Japan,
- South Korea,
- Sweden,
- United Kingdom; and
- United States of America.

**Senior Sail Course** - The aim of this six-week course is to provide cadets an opportunity to develop advanced sailing skills, become a qualified safety boat operator. Activities include advanced sailing techniques and small craft and safety boat operation. Cadets will earn CanSail V and SCOP module 2-ROC(M) and 4-Power Boat Rescue, trapeze 1 and spinnaker 1.

**Prerequisites:** Cadets applying for this course should be 15-17 years of age, must be medically fit, motivated to pursue sail training, and have successfully completed Phase Four. Cadets applying for this course should have obtained a Can Sail 3, and SCOP Modules 1 & 3.

**Cadet Training Centre: HMCS QUADRA (Comox, BC)**

**Advanced Sail Course** - The aim of this six-week course is to provide cadets an opportunity to develop advanced sail and racing skills. Cadets will earn CanSail VI, trapeze 2, spinnaker 2, and CanSail Instructor levels.

**Prerequisites:** Cadets applying for this course should be 15-17 years of age, must be medically fit, motivated to pursue sail training, and have successfully completed Phase Four. Cadets applying for this course should have obtained Can Sail 5, Small Craft Operator Program Modules 1 through 4,

**Training Centre: HMCS ONTARIO (Kingston, ON)**

**Prerequisites:** Must be 16 years of age by the start of the exchange. Must be medically and physically fit, have no participation limitations which may preclude them from participating in training activities in remote locations overseas, and have completed Phase 4. Cadets applying for an exchange should have completed a six week training course or be an exceptional cadet who has achieved the rank of CPO2 or higher.



## 2018 COURSE DATES (EXCLUSIVE OF TRAVEL DAYS)

The following dates and locations are subject to change—Check Joining Instructions and travel orders for correct final dates and times.

HMCS QUADRA CTC	Intake 1	Intake 2	Intake 3
General Training	9 - 20 Jul 2018	23 Jul - 3 Aug 2018	6 - 17 Aug 2018
Basic Drill and Ceremonial Basic Sail Military Band - Basic Musician	9 - 27 Jul 2018	30 Jul - 17 Aug 2018	N/A
Drill & Ceremonial Instructor Intermediate Sail Senior Sail Military Band - Intermediate Musician Military Band - Advanced Musician Ship Boat Operator Shipwright Boatswain's Mate	9 Jul - 17 Aug 2018	N/A	N/A

### VERNON CTC

Basic Fitness and Sports	9 - 27 Jul 2018	30 Jul - 17 Aug 2018	N/A
Air Rifle Marksmanship Instructor	9 Jul - 17 Aug 2018	N/A	N/A

### ALBERT HEAD CTC

Fitness and Sports Instructor	9 Jul - 17 Aug 2018	N/A	N/A
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### HMCS ONTARIO CTC

Advanced Sail	9 Jul - 17 Aug 2018	N/A	N/A
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